

Ideas and inspiration for your  
fundraising adventure

# You'll be helping people like Olivia



[nervetumours.org.uk](http://nervetumours.org.uk)  
[info@nervetumours.org.uk](mailto:info@nervetumours.org.uk)  
020 8439 1234

[f /NerveTumoursUK](https://www.facebook.com/NerveTumoursUK) [t @NerveTumoursUK](https://twitter.com/NerveTumoursUK) [i @NerveTumoursUK](https://www.instagram.com/NerveTumoursUK)



# Olivia's Story

I was diagnosed with NF1 when I was about 2 years-old so I have grown up knowing no different. I am now 17 years old. As I became a teenager, things changed quite a lot with my health. My paediatrician sent me for a routine MRI scan when I was about 13 and some neurofibromas were found near my spine and in my chest. I had to have brain surgery to try and prevent me from having a stroke.

A year later I had to have Thoracic surgery to remove a large neurofibroma from my chest... the surgeon said it was the size of a mango!

Then just before Christmas 2017 I found out I had to have spinal surgery to remove a neurofibroma from my spine.

I have left school and now go to college studying drama. Day to day I cope as well as I can and if there is anything I can't do I just ask for help. Nerve Tumours UK have been a very helpful source of support. I always try to think positively because nothing can be done to change my NF and what I have gone through. You just have to face each day with a smile on your face and embrace and accept who you are.

“

**Day to day I cope as well as I can and if there is anything I can't do I just ask for help.**

”

